

Put your best face forward

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The human face communicates an array of emotions which are an integral element of one's appearance. You'll be perceived as more approachable with a warm smile than with a cold-hearted look of anger, arrogance or contempt. A furrowed brow can portray to others anger, hostility, fatigue or other unintended emotions.

Often, today, women and men seek the benefits of Botox® injections to help minimize horizontal furrows in the forehead area and vertical lines between the eyebrows which helps reduce an aging appearance. Botox® certainly can offer some short term benefits. However, the forehead furrows and lines between the brows are created by powerful muscle movements. As the muscles contract, "worry" lines are created. The skin becomes less elastic with age causing deeper furrowing and droopy eyebrows that may obstruct vision and add to an aging appearance.

So as Botox® may help for the short term, surgical correction may be more cost effective. Cosmetic surgery is often performed to address the aesthetic unit of the upper third of the face to rejuvenate one's appearance. Upper and lower eyelid surgery (blepharoplasty) can be performed in conjunction with a brow lift (or forehead lift) which leads to a more youthful look. Patients requesting these procedures most commonly range in age from 40 to 70.

What is a brow lift?

The forehead lift can be performed as an endoscopic brow lift, an open brow lift or a temporal lift. The procedure puts the brow and forehead back where it belongs and cosmetically reduces creases that appear with age in the forehead, sagging eyebrows and "crow's feet." A consultation with a board certified plastic surgeon will help identify which procedure is best for you.

What is a blepharoplasty?

Eyelid surgery treats drooping eyelids, but not drooping eyebrows or wrinkles. It can improve the appearance of baggy skin over and under the eyes, sinking upper eyelids and reduces the fatty tissue that can accumulate under the eye.

Blepharoplasties and brow lifts are surgical procedures that are often combined when a patient would benefit from improvement to not just the eyes but to the upper third of the face. Surgery is performed on an out patient basis and recovery requires less than two weeks.

If you feel that others perceive you as being angry or tired, or when you look in the mirror and feel that you look tired or angry, you may benefit from one or both of these procedures.

Our patients often say that after having surgery on their eyes and forehead they are complimented on how well rested, refreshed and worry-free they appear.

Lastly, today we are working longer in a job market that is more competitive, creating a greater concern to improving one's overall appearance.



Before and after upper and lower eyelid surgery and endoscopic brow lift on a female in her late forties.


{ AS MOTHER OF THE BRIDE }

you have helped
taste the cake,
put down a large
deposit, and cried
when she put on
the perfect dress.

WHAT HAVE YOU DONE
FOR YOURSELF?



Soon after she says yes, you begin to count down the days and cross lines off the list of to-dos. Although it's your daughter's day to shine, you would like to be as proud of yourself on the big day as you are of her. You've watched her transition from tutus to prom dresses, and the years you see in the mirror may not reflect the youthful exuberance you feel.

Dr. Joyesh Raj offers an educational approach to facial rejuvenation procedures and non-surgical enhancements, helping you find what best fits the appearance you're trying to achieve. Being comfortable in your own skin and the confidence that comes with it is a gift you can give to yourself. **It's time to feel beautiful again.**

To schedule a consultation, please call 440.808.8030
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